

SNIPPETS OF BAY VILLAGE HISTORY

The Cahoon homestead house, Rose Hill Museum, turns 200 years old



PHOTO BY DENNY WENDELL

The Cahoon family home, now Rose Hill Museum, was built 200 years ago.

by KAY LAUGHLIN

In 1818, Joseph Cahoon and his son, Joel, using a simple carpenter's manual, built the Cahoon homestead house on the west hill above Cahoon Creek, in the style of the gristmill that sat

below in the valley. The house contained four rooms up and four rooms down with double-sided lake stone fireplaces in the middle of the four rooms down.

The walls were built of strong oak trees and the floors were poplar. The stairs wrapped around

the fireplace on the north side with steps to the upstairs rooms. The basement, open to the east, housed a large stone fireplace for cooking and processing meats. The walls contained white oak lath sprung between the joists.

» See ROSE HILL page 4

Westlake Girl Scouts build gaga pit for Silver Award

by DIANE GALLAGHER

Westlake Girl Scout Troop 168 led by leader Dawn Evans and co-leader Bernadette Kronz dedicated the first Westlake gaga pit on the grounds of Dover Intermediate School on Wednesday, May 30.

Gaga is a type of dodgeball game that is played with one ball. The game combines dodging, striking, running and jumping, with the objective of being the last person standing. Players hit the ball at each other with their hands, and are eliminated if the ball strikes them on or below the knee.

The Scouts in Westlake Troop 168 wanted to provide an activity that ALL children could be included in playing for their Silver Award project. The Girl Scout Silver Award is given to a group of girls who identify a need in their community, and through determination, leadership and organization



Westlake Girl Scouts play gaga in the new gaga pit they constructed behind Dover Intermediate School.

skills, develop a project to address that need.

From researching locations, meeting with community leaders, and developing a plan of action, this troop designed a project that they are sure will provide fun for all who play!

This troop had overwhelming support from the City of Westlake and the Westlake City

Schools for this project. Westlake Mayor Dennis Clough, school board members Joseph Kraft and John Finucane, Councilwoman Lynda Appel and DIS Principal Nick Miller all played the first official gaga game before the Scouts took over.

The gaga pit is open for play behind the Dover Intermediate School building. ●

There is still time to join 2018 Westlake in Bloom

by JIM BEDELL

Applications are being accepted for the 2018 Westlake in Bloom gardening competition! We hope that you will consider celebrating the beautiful gardens and landscapes of Westlake by entering your home or business in this annual competition. Westlake in Bloom is our chance to say thank you to the individuals who help beautify our city.

Entry forms are available at Westlake City Hall, Community Services Center, Recreation Center, Porter Library,

Cahoon Nursery, Dean's Greenhouse, Gale's Westlake Garden Center and online at www.cityofwestlake.org.

The deadline for entering is Friday, June 29, at 5 p.m. with judging on July 9, 10 and 11. There is no fee and everyone who enters will receive an invitation to the Westlake in Bloom Reception and Awards Ceremony, on Wednesday, Aug. 8, at LaCentre where the winners will be announced.

So, put a reminder on your calendar to pick up an entry form and make sure to get it to City Hall by the deadline date.

Happy gardening! ●



PHOTO BY DENNY WENDELL

The Locker family plants their Hilliard Boulevard flower box last spring as part of the annual Westlake in Bloom contest.

Westlake Meals on Wheels accepting new recipients

by BETSY HAMPTON

With a second kitchen now open, Westlake Meals on Wheels is able to distribute to more people. The organization serves temporarily and long-term homebound residents of Westlake, North Olmsted, Olmsted Falls, Olmsted Township, and parts of Bay Village. Delicious hot and cold meals are prepared and

delivered Monday through Friday. Even dessert and drink is included for \$8 a day. The minimum amount of time to receive meals is one week.

Westlake Meals on Wheels is always looking for volunteers and accepting donations.

Call 440-871-2551 for additional information or visit our website at westlakemealsonwheels.org. ●

THE DIGITAL WORLD

What's a router?

by TAK SATO

S taying safe in the digital world, what I call “internet street smarts,” continues to be a hot topic in 2018. “Security” and “privacy” will be digital world challenges for some time to come. Why?

As the internet, aka the cloud, is “borderless,” nefarious actors can be located stateside and/or internationally. This makes it hard to track down perpetrators. By now you may have heard about the FBI advisory to reboot your router to avoid being a potential victim. National media, in most cases, is dispersing the information verbatim and in repetition. Although I wonder how many will actually go through with this as this week I have been asked, multiple times, what a “router” is.

Before I begin, let's remember that internet is just another utility service coming into your house, just like your water or electricity line. Back to the question ...

The answer actually depends on what is supplied by your internet service provider (or ISP for short). In the good ol' days, ISPs would provide you with only a “modem” because most households only had a computer to connect to the internet and that computer was connected by a wire to the modem.

As the proliferation of the internet continued and technology such as Wi-Fi was invented, ISPs recognized that many households now had more than one device that needed to connect to the internet. The consumer industry came out with one

device that combined the functions of a modem and a router with the ability to connect your devices wirelessly. Many, including yours truly, still have two physical devices while many have only one physical device (often referred to as a “home gateway”).

A modem is akin to your main shutoff valve for your city water. Without a modem, the internet line will not be able to come into your house.

City water that reaches the main shutoff valve of your house is then spread out to your bathroom, kitchen and other faucets through the inner piping in your house. You can think of the router as providing that inner piping but instead spreading internet to the different devices in your household – both wired and wirelessly.

So if you have only one device provided by your ISP, turn power to that device off, count to 15 and power it back on. If you have two devices, the device connected by wire to the wall or wire coming out of the wall is the modem and the device connected to that modem is the wireless router; take the same steps above to the wireless router.

Devices such as the wireless routers also have an operating system – just like computers have Windows or MacOS – called firmware that is upgradable like the computer operating systems. However the process of upgrading the firmware is not straightforward to non-techies. In my opinion the industry should do better so newer firmware with security vulnerabilities resolved can be applied easily by anyone to avoid these kinds of situations. ●

Finding your lost ancestors

by JAYNE BROESTL

Are you having trouble finding records for a particular ancestor? Have you located him or her in a census, but were unable to find that ancestor in the subsequent census records? How can this roadblock be overcome?

The key to locating that elusive ancestor may be using the “Cluster Genealogy” research method. Our ancestors did not live in isolation. They lived and traveled in a group of family, friends and/or neighbors.

Dr. Deborah A. Abbott, Ph.D., will be explaining this research tool at the Wednesday, June 20, meeting of the Cuyahoga West Chapter of the Ohio Genealogical Society. Dr. Abbott currently serves as a Cleveland district trustee on the OGS board and is a retired professor of counseling from Cuyahoga Community College. She is a past-president of the African-American Genealogical Society, Cleveland and specializes in African-American and court records research.

The program begins at 7:00 p.m. in the Porter Room of Westlake Porter Public Library, 27333 Center Ridge Road. Social time, with refreshments, is from 6:30-7:00 p.m. The public is invited, free of charge. For more information visit www.cwcogs.org or email cuyahogawest@gmail.com. ●

Observer Written by citizens, supported by community-minded advertisers.

Bay Village porch talks highlight early settlers

by CYNTHIA EAKIN

Visit with a descendant of our pioneer ancestors at this summer's first porch talk sponsored by the Bay Village Historical Society.

The event will take place on Sunday, June 10, 2 p.m., at the Osborn Learning Center in Cahoon Memorial Park.

Our first Northeast Ohio settlers paved the way for our life here. The story of each homesteader tells how they settled the

region.

The season's initial porch talk will be with Janet Toensing Bremke. She is the daughter of Vincent and Edna Hagedorn Toensing, and the great-great-granddaughter of Henry C. and Marie Hagedorn who homesteaded at 603 Bassett Road in Bay Village. Bremke has many stories to tell about her ancestors' adventures.

Admission to the porch talk is free of charge. Attendees are encouraged to bring a lawn chair. ●

Bay Village Foundation honors departing trustees, welcomes new members

by ELIZABETH MILLI

The Bay Village Foundation held their annual meeting on May 3 at Bay Village library. Elected as officers for the 2018-2019 fiscal year are Rich Veres, president; Mindy Stroh, vice president; Amanda Bricker, secretary; and Steve Ruscher, treasurer. Sarah Urbancic and Denny Wendell were elected as executive committee members at large. The Foundation also welcomed four new board members: Tim Atkinson, Amanda Bricker, Jodie

Hausmann and Ann Gilmore Orin, while honoring six departing members: Evelyn Allen, Maryann O'Reilly, Al Paulus, Loretta Tindall and student trustees Chris Eifert and Maggie Williams.

“We appreciate the commitment and service of our departing trustees, said incoming board President Rich Veres. “They have given countless hours of time and expertise in service to our community. We are also excited about this year, our new trustees and the opportunities before us.” ●

St. Paul Westlake will host Vacation Bible School

by RICK HAASE

St. Paul Lutheran Church and School will host a free Vacation Bible School from 9 a.m. to noon, June 18-22. The theme for this year's VBS is “Shipwrecked – Rescued By Jesus.”

“We'll offer a wide array of activities for children in a fun, welcoming atmosphere,” said David Nelson, director of Family and Youth Ministry.

During VBS, children will participate in memorable Bible-learning activities, collect Bible Memory Buddies to remind them of God's love, sing catchy songs, play teamwork-building games, and learn to look for evidence of God

all around them through unique God sightings.

Each day of the program will conclude with the “Sail Away Sendoff, which gets everyone involved in what they've learned.

Children in the VBS program will also join a mission effort to provide seeds for families in Haiti to grow food. The program is for pre-school students who are 3-years-old and potty trained to students who have just completed the fifth grade.

To register, visit stpaulwestlake.org/vbs. For more information, call 440-835-3050.

St. Paul Lutheran Church is located at 27993 Detroit Road. ●

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The Westlake | Bay Village Observer is a hyperlocal community newspaper and website written by, for and about the residents of Westlake and Bay Village, providing perspectives and information about topics and events in our community. The mission of the Westlake | Bay Village Observer is to inform, involve and energize the community through citizen participation of the 900+ community volunteers. All Westlake and Bay Village residents are invited to participate.

Observer Guidelines

Want to submit an article to the Observer? We'd love to hear from you! Here are some guidelines to keep in mind when writing for the Observer:

- Anyone who lives or works in Westlake or Bay Village is encouraged to contribute.
- Aim for 300-500 word articles.
- Photos should be jpegs & a minimum of 2 megabytes in size.
- Submit original stories and photos. Don't copy others' work and remember to credit your sources and list the photographer of photos.
- Don't use stories to promote a business – that's what ads are for.
- Review our Observer FAQs on our website at: wbvobserver.com.
- Ask questions! We're here to help you at every step along the way. Don't hesitate to come to us for advice or help with topics, content or the submission process. Staff contact information is listed below.

To join in, sign up through the Member Center at wbvobserver.com/members to submit your stories, photos and events.

All content should be submitted through the online Member Center, not by email.

Letters to the editor (max. 300 words) may be sent to tara@wbvobserver.com. Please include full contact information.

The views and opinions expressed in this publication do not necessarily reflect the views and opinions of the Westlake | Bay Village Observer staff.

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ROSE HILL

from front page

The plaster was horsehair and the green tree plugs, heated and pounded into the beams and then allowed to cool, replaced hard-to-find iron nails.

In 1845, Joel, having inherited the farm from his father, brought his family back to Dover Township. He added a south wing which contained a wood-burning stove and keeping room. In 1910, Ida, Laura and Lydia, Joel's daughters, having retired from teaching to the farm, built a room onto the east end of the house to celebrate the 100th anniversary of the Cahoon family arriving in Dover Township.

This new addition had a basement foundation, a living room and two bedrooms on the second floor. The house stayed in the family until 1917 when Ida Cahoon passed away. In 1919, the Cahoon Will gave the house and property to the citizens of Bay Village. One of the stipulations of the Will was the house become a library or museum.

Mayor Walter Wright brought to the Cahoon Park Trustees the idea to give \$100 to the Paul sisters to organize a library in the farmhouse. In 1921, new Mayor George Morgan asked the sisters, Emma Paul Pope and Olivia Paul Bailey, living in their Cahoon house on the corner of Wolf and Cahoon roads, if they would start a library in the house. Using the Cahoon and Pope book collections, the sisters opened the Dover By The Lake Library.

When Julia Osborn Scott became the librarian and lived upstairs above the library, the staircase was moved to the south wall of the east front room. This remained the Bay Village Library until 1960 when the library moved to Dover



Rose Hill is pictured in one of the oldest photos on record of the Cahoon family farmhouse, circa 1890.



Model sailboats and antique tools are among the items in Rose Hill Museum. The museum is open April to December on Sundays, 2-4:30 p.m. Admission is free.

Center and Wolf roads.

In 1960, the Bay Village Historical Society was organized. With the library gone, the homestead house sat empty. Members of the society placed artifacts from their own collections on the shelves and brought in furniture to decorate the rooms. On Sunday you could visit and have a tour of the first floor, viewing their artifacts.

In 1968, a group of young historians,

Bob and Gigi Monroe, Gay Menning, and myself included confronted the society with the idea of truly making the house into a living museum. The historical society agreed and Bob and Gigi spearheading this move approached the city for money to remodel the house into a museum. Funds were procured and architects from Hale Farm were contacted for advice. Windows were changed, doors removed and ersatz walls built to produce an easy



walking tour flow on the first floor.

Rose Hill Museum opened in 1975 with mostly Cahoon and Aldrich artifacts. Louella Meyer and I made the first inventory of the museum artifacts. Whatever we had, we put out. We considered this a living museum and dressed it as it would have looked in the time period of each room. Today, it is more of a collection of items and not the style of the Cahoons. Some of our early greeters were: Jane Richards, Sue Tobey, Harriett Laverty, Jessie Hull, Sally Langner, Evelyn Allen, Jan Veverka, Marie Black, Brenda Gerbick, Paula Williams, Bonnie Ross, Sandy and Roger Pick to name a few.

At the same time, Gay Menning and I were finishing up the first written history of Bay Village which was distributed from Rose Hill. This book started a money flow to help us maintain the museum. The Antique Show was started and the first managers were Gigi Monroe and Gay Menning. Our helpers grew as we added new things to do like braid rugs, offer education classes, build a log cabin and have picnics. Homemade stew was made in the black Cahoon kettle in the valley. Everyone brought a side dish and we ate outside under the catalpa tree just like the Cahoons.

The homestead house has witnessed many changes over the years. At least 10 Cahoons have died there. The library brought the students from Parkview School and now the museum brings visitors interested in our town's history. Two hundred years later the house, Rose Hill Museum, contains an important collection of Bay Village artifacts and memories. It is a delightful visit. ●

PHOTO BY DENNY WENDELL

Demon Derby raises funds for Westlake athletics

by MELISSA GRIMES

Demon pride was alive and kicking at the Westlake Demons Athletic Boosters (WDAB) sold-out Demon Derby "Night at the Races" on April 27. The event, held at St. Demetrios Church Cultural Center, included dinner, drinks, sideboards, horse races and raffle packages with all proceeds benefiting WDAB and our mission to support all Demons athletics.

"WDAB is a thriving organization with an energized group of

families with students as young as fifth grade participating in our efforts and attending the Demon Derby. We are thrilled to have such tremendous support for our athletic programs and thank everyone who attended and donated to our second annual Night at the Races," stated Gina Redinger, WDAB president.

Attendees included Westlake coaches, administrators, parents of all grade levels, teachers, and staff in addition to corporate sponsorship backing from local businesses.

"The continued success of this event is a testament to our community's commitment to support Demon athletics. We hope the momentum continues and we can make this a yearly event. We look forward to our continued membership growth as our families and community see the real work and benefits attained through WDAB for all athletes, all teams," stated event co-chair, Meredith LaVecchia.

WDAB is a community-based organization established with an ALL ATHLETICS/ONE GOAL approach of supporting Westlake City School athletic teams in grades 7-12. WDAB strives to provide equipment,



Westlake Demon alumni enjoy a night at the Derby.

uniforms, scoreboards, athletic structures, etc. via the fundraising efforts of its members, parents, the greater Westlake community, and local businesses.

While WDAB is a separate entity from Westlake City Schools and its athletic departments, it

supports the activities and needs of our interscholastic athletes and athletic programs. WDAB is a 501(c)(3) not-for-profit charitable organization and strictly run by a group of dedicated volunteers.

For more information, visit westlakeathleticboosters.org. ●

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Bay fifth-graders decorate and plant flower pots to surprise Knickerbocker residents

by KAREN DERBY

Nothing says spring like a colorful pot of flowers barely starting to bud. Fifth-graders at Bay Middle School presented Knickerbocker Apartment residents with just such a gift on Friday.

"They are beautiful," said Jane Naughton as she looked over the 180 uniquely-painted flower pots filled with impatiens. "The children were so excited when they came and delivered them!"

The small army of young gardeners, all members of their school's Town Council, took their decorated pots and planted the seedlings from flats of flowers, carefully burying the delicate root systems in soil with trowels and fingers during an



PHOTOS BY KAREN DERBY

after-school volunteer session. Parent volunteers helped and, with a little water added, the plants were ready.

The next day, fifth-grade Town Council advisors Kirstin Millet and Tracy Lion walked the students from the middle school on Wolf Road to the apartment building on Knickerbocker as students carried their flower pots. There were enough for every resident to have his or her own plant to nurture into a beautiful summer bloom. ●



Knickerbocker Apartment residents (from left) Jane Naughton, Tom Kovach and Clara Mercurio gather to choose a student-created flower pot as their own.

Bay Village Women's Club awards scholarships

by MARY KAY MCLEAN

Eight graduating Bay High School seniors are this year's recipients of a \$2,000 scholarship to the college of their choice from the Bay Village Women's Club. They were introduced at the annual Scholarship Luncheon at the Cleveland Yachting Club on May 3, where they announced their field of study

and their university. Three students will be attending The Ohio State University. Anna Evans will major in speech and hearing science, Carly Goebel will study physics and pre-veterinary courses, and biology will be the focus of study for Jessica Rychel.

Jade Krol is enrolling at Washington and Lee University in Lexington, Virginia, where her major is pre-med chemistry.

Morgan Jackson will be studying nursing at the University of Cincinnati while Allison Maust will be majoring in architecture at Miami University in Oxford, Ohio. Alexa Pohlkamp will be preparing for a teaching career as an education major at Ohio University. Communications will be the major of Sara Sirignano at the University of Pittsburgh. ●



PHOTO BY BETSY LEYEN

The Bay Village Women's Club scholarship recipients, back row: Jade Krol, Jessica Rychel, Carly Goebel, Sara Sirignano, Allison Maust; front row: Morgan Jackson, Anna Evans, Alexa Pohlkamp.

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SPORTING NEWS

Comic relief a huge factor in Cleveland’s fall TV lineup

by JEFF BING

By now, pretty much everyone has seen the new fall lineups of the approximately one bazillion (or so it seems, anyway) TV networks operating out there nowadays, right? And, with all those choices, odds are there must be some really high-quality programming.

Oh yeah? Well then, how come in our household we still watch reruns of “Friends” most of the time? I think the answer lies in the fact that most of the programming lacks innovation. Seriously, they’re bringing back “Murphy Brown”? “Magnum P.I.”? Did we by any chance get sucked into a time warp somewhere during the drive down the road formerly known as common sense?

Well, I have an idea. Actually, it’s something I presented to the masses a couple of years ago and it was received rather well. (Note: “rather well” means that – for once – the masses didn’t try to torch my house in protest). What I proposed was to take some of the national programs and “localize” them specifically for

Cleveland.

For instance, ABC has a new show called “A Million Little Things.” Here in Cleveland, we could take that title and – presto! – it would apply perfectly right after every Browns loss, as coach Hue Jackson tries to explain what went wrong THIS time. Any Browns fan knows there is usually a plethora of reasons why the Browns lost, so you begin to understand why the title would be a good fit, right?

With that in mind, consider some more possibilities ...

How about “The Gifted”? Every week, the story would focus on opposing player(s) because unfortunately, there’s no one on the Browns roster that qualifies as “gifted.” Maybe in a few years things will change. Oh, who am I kidding?

Another possibility might be “Survivor.” Whoever starts the most games at quarterback for the Browns – and is still in the NFL the following season – would be the winner. Finding *anyone* to win on this show has been particularly difficult over the past couple of decades.

“Criminal Minds”: A fictitious study of certain NFL team owner(s) who can’t seem to keep the federales off their backs. Purely hypothetical, of course. We don’t know – or can’t think of – anyone like that around here.

“How to Get Away with Murder”: Literally bilking thousands upon thousands of sports fans out of their hard-earned money with the oft-empty promise of “better” football, this ties in nicely with “Criminal Minds.” You know, there are a lot of people in the slammer for having committed lesser offenses.

The best show might be “I Feel Bad” because it would star about a half-million Greater Cleveland football fans every Sunday night. Yes, it’s the classic lose-lose scenario.

You know, the funniest part of all this is when a Browns fan asks me how I can watch the same-old same-old when I tell him I’m a “Friends” fan. “It’s been tired old reruns for a couple of decades now,” they say.

Funny, because that’s how I describe the last two decades of Browns football. ●

Westlake Bay Village Rotary involved in the community and beyond

by ANDREW MANGELS

Each year the Westlake Bay Village Rotary Club hosts a speech contest for high school students in Westlake and Bay Village based on the Rotary Four-Way Test. The Four-Way Test of “the things we think, say or do” is used by Rotarians world-wide as a moral code for personal and business relationships. The four questions asked are: Is it the truth? Is it fair to all concerned? Will it build goodwill and better friendships? Will it be beneficial to all concerned?

First place in the speech contest went to Annette Hanson from West-

lake and came with a \$200 prize. Thomas Hanson, also from Westlake, placed second and garnered \$100. Bay Village students Masha Waiss and Jonathan Ackley placed third and fourth, respectively, with prizes of \$75 and \$25. All prize money was donated by Kevin Walker of JMO Wealth Management in Westlake.

Westlake Bay Village Rotary stays involved in the community in many other ways as well. Several times a year club members pick an evening to serve dinner to the patients and families at Ames Family Hospice House in Westlake. The Club provides an annual scholarship to a graduating senior from

both Westlake and Bay high schools as well as sponsoring two students from each school to attend the Rotary Youth Leadership Awards conference.

On the international level our club is facilitating the collection of items to be placed in specially made shoeboxes and sent to Chinandega, Nicaragua, for the “Children of the Dump.”

Rotary is an excellent way to become involved in your community and give back. Our club meets every Wednesday at 7:30 a.m. in the Community Room of the Bay Village Police Department, 28000 Wolf Road. Visit our website to check out our speakers at westlakerotary.org. ●

SPIRITUALITY & FAITH

‘Peace’ comes to Westlake!

by KATHLEEN POE

Over Congregational United Church of Christ will once again host a community-wide interfaith peace camp for children entering grades two to 12. Peace Village Day Camp will run July 16-19 from 9:00 a.m. to 3:30 p.m. On the last afternoon, July 19, families are invited to the closing celebration at 3 p.m.

The peace education day camp was developed by First Congregational Church of Mount Vernon, Ohio, in collaboration with Peace Village Inc. The purpose is to teach and expose children to peaceful practices through fun, outdoor adventures, classes, music and interfaith stories of peace and fellowship.

Peace Village is funded through resources provided by Dover Congregational United Church of Christ. Families are also asked to contribute a donation of \$25 per child to help to cover some of the costs. If you can give more, we will gratefully receive it. If the cost is a hardship, scholarships are available.

The camp is available to 50 child participants. We expect to have Buddhist, Muslim, Jewish and Christian teachers. Children of all religious/spiritual traditions are encouraged to apply. Registrations are accepted on a first come basis.

Mrs. Cynthia Stuart, a licensed

educator, oversees the camp. There will be representatives from Dover Congregational Church, as well as interfaith representatives from the community, volunteering at this camp. They will supervise the peace campers, attend activities and lead peace-related classes, circle gatherings, songs and stories.

Children will learn about “Peace and the Planet” (environment, ecology, nature); “Peace and Culture” (responsible thinking, media literacy, compassionate communicating, movies, TV, internet, bullying); “Peace with Others” (non-violent problem solving, role playing, peace advocacy); and “Peace Within” (centering, calming the mind and body, meditation, breathing, concentration, movement). There will also be singing, story-telling, art projects, nature walks, outdoor games, service projects and field trips.

Children are expected to bring their own healthy lunch each day and will enjoy an extended lunch period for eating, talking and playing together. Healthy morning snacks will be provided. (Note: If there is an economic need we can provide lunch for a child. Just let us know.)

To register, go to doverucc.org or contact the church office at 440-871-1050. Dover Congregational United Church of Christ is located at 2239 Dover Center Road in Westlake. ●

Westlake senior receives Jeffery Owen Marriott Scholarship

by ELISE ORR

Westlake High School senior, Catherine “Kate” Fulton, was awarded the third annual Jeffery Owen Marriott Memorial Scholarship at the Senior Awards Banquet Night. Fulton was selected from a strong pool of applicants based on her academic prowess, leadership roles at school, community involvement, and athletic success at Westlake – all attributes of WHS 1992 alum, Jeffery Marriott, for whom the scholarship honors.

Fulton ranks within the top 15 of her senior class, with a current weighted GPA of 4.863. She is a member of both the National Honor Society and National Spanish Honor Society. In addition, Fulton has been awarded for being a scholar athlete by the Student Athletic Leadership committee and became a member of The Ohio High School Basketball Coaches Association Scholarship Society earlier this year.

“Kate is obviously gifted academically,” said Kelly Pojman, who serves on the board of the Foundation. “What impressed us the most however, was her involvement within the community and her caring, compassionate nature.” Fulton has spent countless hours



Kate Fulton (center) is flanked by board members Kelly Pojman and Jeff Hammond at the Westlake High School Senior Awards Banquet. Fulton was awarded the Jeffery Owen Marriott Memorial Scholarship.

volunteering with the non-profit organization Youth Challenge, teaching at Westlake’s Safety Town to kindergarteners and serving within her parish. “We feel Kate embodies the core values of the Marriott Scholarship including having a strong character, ambition, leadership and empathy for others.”

Fulton will attend Butler University in the fall to pursue a degree in journalism. ●

BAY VILLAGE CITY SCHOOLS

Creative posters by Bay students fight drug, alcohol and tobacco use

by KAREN DERBY

More than 200 Bay Middle School students spent some of their free time this spring creating posters with compelling graphics and messages meant to dissuade others from abusing drugs, alcohol or tobacco. Twenty-three of the poster entries won Malley's gift certificates provided by Bay Village Kiwanis, with five top winners named.

The first-place prize went to Elizabeth Carney for her "Don't let smoking BURN you ..." poster. Second place went to Sara Keh for "Why Fall In the First Place?" Mia Gulley won third place for "Fly Away from Temptation." Ava Galinas and Avery Tenerowicz shared the fourth-place spot, each with her own version of "Be Smart, Don't Start." Eighteen other students received a Judges Choice award.

"Our annual drug prevention poster contest is such a wonderful opportunity for the students to personally reflect on ways to avoid alcohol and other drugs, and then convey their thoughts in a unique and creative way," said Peter Winzig, parent advocate and Bay Village Ward 4 councilman. "The ideas and creativity this year were really special."

Posters are on display in the Bay Middle School cafeteria. ●



Bay Middle School poster design winners. From left, front row: Emilia Gully, Sara Keh, Elizabeth Carney, Ava Galinas, Avery Tenerowicz. Second Row: James Best, Brigid Fox, Ethan Fisher, Liam Pellow, Jonah Papp, Cian O'Leary, Paul Lentos, Sean Mitchell. Third Row: Lillian Capretto, Nikki Hartman, Lucy Mastromatteo, Maggie Beverly, Ryan Mowchan, Alexis Knapp. On far left is Mr. Russ Bauknecht of Kiwanis; on far right is Bay Middle School Principal Sean McAndrews. Not pictured: Sydney Geise, Helena Abramov.

WESTLAKE-WESTSHORE ARTS COUNCIL



PHOTO BY LOUISE SEEHOLZER

Michelangelo's "Pieta" is enshrined in St. Peter's Basilica in Rome, Italy.

Focus is on Michelangelo's sculpture

by LOUISE SEEHOLZER

Art historian Sean Crum offers a discussion and slide presentation on Monday, June 11, at 7 p.m., at Westlake Porter Public Library, on the work and life of Michelangelo, frequently referred to as the greatest artist of all time. For a third year the Westlake-Westshore Arts Council is sponsoring an art presentation by Crum, who readily captivates his audience, and encourages their participation in discussion.

Crum's focus will be on the sculpture of this well-documented 16th century artist, who created two of his most heralded works ("Pieta" and "David") before he was 30 years old. Though Michelangelo considered painting a lesser form of art, his frescoes on the ceiling and altar of the Sistine Chapel are considered two of the most influential in the history of Western art.

At the age of 74, Michelangelo took the position of architect for St. Peter's Basilica and continued that work until his death, in 1564, at the age of 88. He was the first Western artist to have his biography published while he was still living.

One of Michelangelo's biographers, Giorgio Vasari, wrote that as a sculptor, painter and architect he was "supreme in not one art alone, but in all three."

Sean, a professional artist and musician for over 40 years and a professional art historian for 30 years, received his Bachelor of Arts degree from Cleveland State University and a Master of Art degree from Case Western Reserve University.

His credits include over 35 art and educational awards, being featured in 12 one-man shows, and accepted in more than 50 juried shows. Numerous collections have his work, including Patricia Heaton's collection and The Excalibur Hotel in Las Vegas.

Sean has conducted tours at the Cleveland Museum of Art and has done numerous workshops and demonstrations for various organizations. He retired from teaching art and art history for North Ridgeville High School in 2012. He is currently teaching art history for the Center for Life Long Learning at Lorain County Community College.

The WWAC presents the June 11 program at no charge, as well as numerous other entertaining programs, in keeping with its mission to provide the community with an enhanced and broadened cultural life to promote awareness, education and involvement in the arts. ●

Troop 729 has new Eagle Scout

by ERIC EAKIN

Only 4 percent of Boy Scouts worldwide attain the rank of Eagle Scout, and 18-year-old Drew Ware of Bay Village is one of them. The requirements necessary to achieve this rank take years to complete. Ware, a member of Troop 729 at Bay United Methodist Church, was

awarded the honor by City Council President Dwight Clark at a recent ceremony. Drew, who is the son of Julie and Steve Ware, built elevated garden beds and a picnic table to be used by people in wheelchairs at Our Lady of the Wayside as his Eagle Scout project. He plans to attend Cornell University in the fall. ●



Eagle Scout Drew Ware is pictured with Scoutmaster Denise Day, far left, and his parents, Steve and Julie Ware.

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BMS students take on Bike to School Challenge

by ELIZABETH LAZOWSKI
and JACQUIE MAYER

The 11th annual Bike to School Challenge in Bay Village was an enormous success. On average, 447 students and staff rode their bikes to school every day – that’s 57 percent of the school enrollment! The “high ride day” saw 68 percent of the school riding their bikes. Total miles biked were 18,604 or the equivalent of riding across Ohio 85 times.

The students and staff saved 16,575 pounds of carbon dioxide emissions and saved \$2,369 of gas money. Bay Middle School has one of the highest participation rates in the country!

Community sponsors provided incentives and rewards for all riders.

Mr. Lawrence Kuh, math teacher at Bay Middle School, is the coordinator of this amazing program. His passion for the Bike to School challenge is contagious and his dedication to the students is unwavering.

Ride on, Bay Middle School! ●

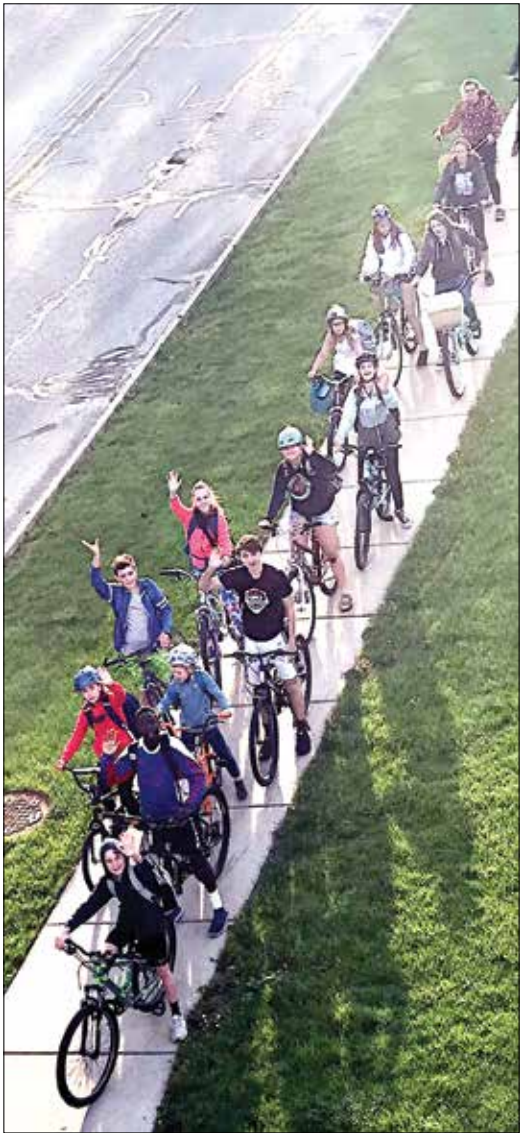


PHOTO BY LAWRENCE KUH

Excited students bike to Bay Middle School early on a beautiful spring morning.

5th Annual Project Pedal



{village}
PROJECT

Sat. June 16th
8:30 a.m. - 1:00 p.m.
Cahoon Memorial Park, Bay Village

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- Veteran’s Aid and Attendance
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- Medicaid

Lunch provided.

EVENT: HOW TO PAY FOR ASSISTED LIVING
DATE: June 9, 2018 | 10:30 a.m. - NOON
RSVP: Kathy Bultema at **440.250.2300**
PLACE: Devon Oaks Assisted Living
2345 Crocker Road | Westlake, OH 44145



An Eliza Jennings Community

Upcoming events at Westlake Porter Public Library

by ELAINE WILLIS

Wednesday, June 6 (6:30-8:30 p.m.) HORROR FILM CLUB – Join us as we explore the classics of horror, science fiction and suspense! Children under 13 should be accompanied by an adult. Please register.

Thursdays, June 7 and 14 (4-5 p.m.) CODE CLUB! – Learn how to build an app, design a video game, and change the world through code! Grades 3-4. Registration begins one week before each session.

Friday, June 8 (3:30-4:30 p.m.) GOT SCIENCE? – Join us for a fun afternoon as we explore beach activities and experiments. Grades 1 and 2. Please register.

Saturday, June 9 (10:30-11 a.m.) MOTHER GOOSE ON THE LOOSE! – An interactive storytime featuring simple books, rhymes, songs and movement. For ages birth-3 years old with a caregiver.

Saturday, June 9 (1:30-2:30 p.m.) TEEN TASTE TEST CHALLENGE – Can you taste the difference between store brand and name brand cookies, soda and other snacks? Can you guess different flavors of chips just by taste alone? Put your taste buds to the test. *Program may not be suitable for those with food allergies. Grades 7-12. Please register.

Saturday, June 9 (2-3 p.m.) 3D PRINTING ORIENTATION – In order to use the library's new 3D printer, you'll need to take this orientation first. Learn library policies about using it, how to download a 3D-printable object, and how to prepare it for a great print.

Saturday, June 9 (4-5:30 p.m.) STEAM-MAKER LAB – This month's topic: Good Vibrations! Experiment with sound and technology. Grades 3-5. Please register.

Sunday, June 10 (3-4:15 p.m.) ELEGANCE ENSEMBLE PRESENTS: LITTLE RED RIDING HOOD – This children's opera is for both the young and the young at heart! Come join us for a free, original staging of this classic fairy tale. Please register.

Monday, June 11 (2-3 p.m.) CODING FOR KIDS – Learn computer programming by designing video games that can be shared and played with friends! Grades 3-6. Please register.

Monday, June 11 (3-4 p.m.) ROBOTICS FOR KIDS – Pair up to create, program and animate robots using LEGO bricks then experiment with other kids in friendly competitions. Grades 3-6. Please register.

Monday, June 11 (6:30-7:15 p.m.) and Saturday, June 16 (10:30-11:15 a.m.) ADAPTED STORYTIME – Children with varying learning styles and abilities learn in a safe, supportive environment where respect and appreciation for differences are encouraged. This 30-minute storytime, followed by time for socialization, is designed for children who may not be successful in a typical storytime experience. Content is geared toward ages 3-7, but all ages are welcome. Siblings may also attend, but must register separately. Registration begins one week before each session.

Monday, June 11 (7-8:30 p.m.) MAKER MONDAY: SILHOUETTE CAMEO VINYL CRAFTS – What else can the Silhouette Cameo do? It can also cut out custom designs on vinyl to transfer to craft projects. Bring something you'd like to apply a design to, and we'll get to work! Please register.

Tuesday, June 12 (10-11:30 a.m.) INTRO TO SMARTPHONES – Learn the basics of using smartphones, such as screen brightness, wifi settings, adding apps and more! If bringing your device, please bring all account passwords. Please register.

Tuesday, June 12 (1-2:30 p.m.) MEDICARE 101 – Are you eligible for Medicare? An OSHIIP community liaison from the Ohio Department of Insurance will explain your Medicare benefits and options. Learn about Original Medicare Parts A, B & D, secondary insurance (Medigap), and Medicare Advantage plan options (Part C) at this informative presentation. Please register.

Tuesday, June 12 (3-4 p.m.) WEISS RAT-

INGS MEDIGAP REPORT WORKSHOP – Weiss Ratings, a source for independent, unbiased financial strength ratings of insurance companies, offers a personalized Medigap Report with step-by-step guidance on how to select the best and most affordable Medicare Supplement Insurance Plan for your needs. Attend this open lab session to learn about this valuable tool and generate your report. Bring a flash drive to save your finished report. Please register.

Tuesday, June 12 (7 p.m.) TUESDAY EVENING BOOK DISCUSSION – We'll discuss "The Girl Who Wrote in Silk" by Kelli Estes.

Wednesday, June 13 (2:30-3:30 p.m. and 3:30-4:30 p.m.) BREAKOUT: BACK TO THE FUTURE – Similar to an escape room, this breakout challenge is going to test your ability to work together to solve all the clues that'll get you back to the future! Can you break out?! Grades 7-12. Registration begins June 6.

Wednesday, June 13 (7-7:45 p.m.) MIX-IT-UP! – Let's mix it up with balloons and paints! Be sure to bring an old T-shirt or paint shirt. Ages 4-6. Registration begins June 6.

Thursday, June 14 (2-3:30 p.m.) GREAT DECISIONS DISCUSSION PROGRAM ON WORLD AFFAIRS – Discuss critical global issues facing America today. A copy of the article may be picked up at the Ask Us Desk. Please read the article prior to the meeting. Please register.

Friday, June 15 (2-4 p.m.) MOVIES @ THE LIBRARY! – The inspiring story of the Pullman family, whose child, Auggie, is born with facial differences. When he enters school for the first time, his extraordinary journey unites his family, his school and his community, and proves that you can't blend in when you were born to stand out. Rated PG. Registration begins one week before each session.

Saturday, June 16 (10-11:30 a.m.) BEGINNING CODING FOR ADULTS – Learn the basics of coding through self-paced online modules. An instructor will be on hand to help get you started and to facilitate lessons. Please register.

Saturday, June 16 (10 a.m.-4 p.m.) IT'S FATHER'S DAY AT THE LIBRARY! – Join us in the Youth Services Department for fun-filled Father's Day crafts and activities. All ages.

Monday, June 18 (1-1:30 p.m.) YOGA TIME! – This is a perfect way to introduce yoga and practice simple poses that imitate animals and nature. Wear comfortable clothing and bring a towel or yoga mat. Ages 3 and up with a caregiver.

Monday, June 18 (1-3 p.m.) GAMING

TOURNAMENT – Grab your controllers and prepare to see who can claim the top spot in our epic Mario Kart tournament! Snacks and board games also provided. Grades 4-6. Registration begins June 11.

Monday, June 18 (4-5 p.m.) TWEEN CODE CLUB – Learn how to build an app, design a video game, and change the world through code! Registration begins one week before each session. Grades 3-8.

Monday, June 18 (7-8:30 p.m.) INVESTORS' INTEREST GROUP: K.I.S.S. SYSTEM OF INVESTING – Let seasoned investor and AAI (American Association of Individual Investors) Cleveland Chapter President Chuck Evans show you his simple system of investing and managing your savings. He will examine investing in a portfolio view and how he arrived at choosing this methodology. No advanced degree is required to implement his ideas successfully and handle these tasks yourself. Please register.

Monday, June 18 (7-8 p.m.) JUVENILE COURT SERVICES – Juvenile Court Judge Denise N. Rini will have an interactive presentation to discuss services that are provided by Juvenile Court. Topics covered will be: Safe Harbor Docket, Teen Drug Court and Teen Violence. Please register.

Tuesday, June 19 (10:30-11:30 a.m.) TABLET TUESDAY USER GROUP – This group will share tips and tricks with each other about using iPads and Android tablets. Kindle Fire users welcome! Please bring your devices. Please register.

Tuesday, June 19 (1-3 p.m.) CAREER: MOTIVATING YOURSELF TO LIFE SUCCESS – Motivation is a crucial element in setting and attaining goals. It is necessary when making a transition or changing to something new. You can influence your own levels of motivation and self-control to be successful in your job or career with ideas learned here.

Tuesdays, June 19-July 17 (3-4 p.m.) SUMMER BRAIN GAMES – Keep up your skills during summer vacation! Kids in grades 1-3 can drop in each week for grade-appropriate educational games.

Tuesday, June 19 (6:45-8:30 p.m.) LEAGUE PARK AND CLEVELAND SPORTS HISTORY – For more than half a century, League Park was the center of the Cleveland sports scene and one of sports' most important venues. Built for the Cleveland Spiders of the National League, the ballpark was home for the Cleveland Indians, the Cleveland Rams of the NFL and the Cleveland Buckeyes of the Negro Leagues. Come listen to local author Vince Guerrieri talk about this storied park. Please register.

To register for any of the programs, please visit westlakelibrary.evanced.info or call 440-871-2600. ●

Bay VFW raises funds for veterans

by FRED GREEN

The members of Bay Village VFW Post 9693 want to thank the West Shore residents that contributed to our recent Buddy Poppy drive for veterans. We raised over \$2,700 to provide ongoing support for West Shore veterans, families, youth and community.

We also wish to thank Java Bay, Discount Drug Mart, Giant Eagle and Walgreens for allowing our members and friends of the Post to use their facilities. ●



American Legion adjutant and VFW member Richard Finlay and WWII veteran and past Commander Gordon Moellman sell Buddy Poppies at Discount Drug Mart to raise funds for veterans.

Learn about ornamental trees in Porter Library program

With the arrival of warmer weather, we all want to spend more time outside. Looking for your next outdoor project? Why not beautify your yard with some ornamental trees?

Not sure where to begin? Then join us on Thursday, June 14, at 7 p.m. at Westlake Porter Public Library as we welcome Master Gardener Ann Chanon for an informative evening designed to

help you find just the right beautiful tree for your yard or garden. After all, while trees make a wonderful addition to any outdoor space, some plants are better suited for certain areas than others. Let's learn how to make the most of our beautiful yards this summer!

Please register for this free event on our website, westlakelibrary.org, or by calling us at 440-871-2600. ●

Honoring America's veterans on Memorial Day



PHOTO BY CONNOR STAROWESKY

World War II veteran Tom Hill of Bay Village salutes in during the Memorial Day ceremony at the gazebo in Cahoon Memorial Park.



PHOTO BY DENNY WENDELL

Cousins Elizabeth Wallace, Audrey and Claire Cooke, and Caroline Wallace applaud and wave flags as Vietnam veterans pass by during the Bay Village parade on Lake Road.



PHOTO BY VICTOR RUTKOSKI

Jennifer Rutkoski, Westlake Kiwanis Aktion Club president, recites the Pledge of Allegiance along with 2nd Lt. Eric Greenspan, State Rep. Dave Greenspan, Mayor Dennis Clough, and Westlake City Councilmembers Ken Brady and Michael O'Donnell during the Memorial Day ceremony at Clague Park.



PHOTO BY VICTOR RUTKOSKI

Westlake City Councilmember Lynda Appel waves a flag while riding in a vintage fire truck during Westlake's Memorial Day parade on Hilliard Boulevard.



Secure Memory Care Available

Our boutique is one of many specifically designed areas at O'Neill Healthcare Bay Village that promotes positive memories while providing high quality care.

Please contact Candy Sanson, LISW-S, LNHA at 440-871-3474 to arrange your personal tour.

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Your destination should be Bay Village June 16

Do you want arts, crafts, antiques, music, bicycling, great food and family-style fun? Then “Destination Bay” is the answer.

Once again, a number of Bay Village organizations are teaming up to provide a unique community experience under the umbrella of Destination Bay. This full day of family-friendly events takes place on Saturday, June 16, all around the city.

Free shuttle transportation to all Destination Bay locations will be available, courtesy of O’Neill Healthcare.

Visitors to any of the Destination Bay locations will have a chance to win prizes! Pick up a Walgreens “Passport to Fitness” at Cahoon Park and have it stamped as you travel between the events.

Cut out the map on the next page for your guide to a fun-filled day in Bay Village!

1. PROJECT PEDAL

The Project Pedal charitable bike ride to benefit Village Project will be held from 8:30 a.m. to 1 p.m. The event begins and ends at Cahoon Memorial Park. Routes include the Pea Pod Pedal for young preschoolers, the Sprout Route for children 6 years and under on two-wheelers, and for all ages – the Cucumber Course (six miles), Kale Trail (15 miles), and the Artichoke Adventure (30 miles). Complete route maps for each ride, as well as registration information, are available on the Village Project website, ourvillageproject.com. Register by June 6 to receive a free T-shirt.

Free safety classes and bike checks for registered riders will be offered by Village Bicycle Cooperative on Saturday, June 9, 8:30-10 a.m., or Wednesday, June 13, 6-7 p.m.

2. VILLAGE BICYCLE COOPERATIVE

Pedal on over to the Village Bicycle Cooperative from 10 a.m. to 4 p.m. for a fun game and a chance to win a prize! Or you can just stop by to cool off with a Pop-sicle and check out our shop. Our knowledgeable mechanics will also be on hand to answer any questions or offer support on bike repairs. We have a full bike shop available for use by the community and would like to help you grow as a bike mechanic with some hands-on experience

3. CAHOON IN JUNE

The 49th annual “Cahoon in June” fine crafts, collectibles and antiques event will be held from 9 a.m. to 4 p.m. in Cahoon Memorial Park. Admission is free. There will be a bubble soccer tournament at 11:30 a.m. in the park, and a display of antique cars and boats. Musical entertainment will be classic rock provided by Bay Village bands Ground State in the morning and OMF in the afternoon. Food concessions are the Pierogi Lady, Carhop’s Mobile Diner and Pap’s Kettle Korn. There will be face paint-

ing for the children. Rose Hill Museum, Reuben Osborn Learning Center and Cahoon log cabin will be open. Interested community groups are invited to set up tables free of charge. Contact Cynthia Eakin at 216-213-0312 to reserve a space. Proceeds from this event support the Rose Hill Museum, the Reuben Osborn Learning Center and student scholarships. Visit bayhistorical.com for additional information.

4. BAYARTS ART & MUSIC FESTIVAL

The BAYarts campus will be hosting over 60 artisan vendors of handmade jewelry, photography, watercolors, candles, fine wood-working, sea glass art and more. Concessions by the food trucks Melted Fusion, The Manna Truck, The Smoothie Cupboard and more. Live music is provided by Rey Citron’s Rice and Beans Band.

This free event runs 10 a.m. to 4 p.m. and is dog-friendly.

5. LAKE ERIE NATURE & SCIENCE CENTER

Discovery awaits at Lake Erie Nature & Science Center! Join us from 9 a.m. to 4 p.m. for a special selection of FREE star shows in Schuele Planetarium to engage the whole family. Travel through space, explore constellations and visit different planets in the Solar System. Don’t forget to enjoy the Center’s free indoor and outdoor exhibits, and meet some of our animal ambassadors up close with the help of Project Wildlife students! Schedule: Twinkle Tots, 10:30 a.m.; Stellar Stars, 11 a.m.; Adventures in Space, 11:30 a.m.; Sky Tonight, 1 p.m.; Full Dome Show, 2 p.m.

6. BAY FIRE DEPARTMENT

Everyone is invited to come and join us for a day of fun in the sun at the Fire Station from noon to 3 p.m. We’ll have refreshments, tours of the fire trucks, fire safety information, and the chance for kids to shoot water from a real fire hose!

7. BAY VILLAGE BRANCH LIBRARY

Maker Fun: Screenprinting and Makey Makey during library open hours 9 a.m. to 5:30 p.m. Decorate a tote bag to carry your books for summer reading using screenprinting, vinyl stencils and ink. Learn to turn everyday objects such as bananas and clay into controllers using Makey Makey invention kits. Outback Ray’s Amazing Animal Show will be from 2 to 3 p.m.

WALGREENS PASSPORT TO FITNESS

Walgreens will have a table set up in Cahoon Park to be a healthy and fun destination for everyone visiting. Stop at each event during Destination Bay and enter to win an activity tracker and other great prizes as you tour all the venues.

Simply pick up your “Passport to Fitness” at the Walgreens table in Cahoon Park, get it stamped (look for the tables with red balloons at all the events), and when completed, hand it in at any red balloon location to be eligible for prizes. ●



CAPTURED MOMENTS CLE



BAYarts receives Bay Village Foundation grant for summer ‘stay-cation’ events

by JESSICA STOCKDALE

The Bay Village Foundation has awarded BAYarts a grant to help keep its summer events – Farm and Art Market, Concert and Movie Series and Art & Music Festival – free and accessible to all. Over 10,000 people attend these events each year.

On their website, The Bay Village Foundation states that they are “interested in projects or programs that improve the quality of life in Bay Village.” This is in line with the mission of the BAYarts summer events, which provide thousands of local residents with a fun “stay-cation” in their own backyard where they can enjoy arts-centered entertainment in a beautiful outdoor space across from Lake Erie.

These opportunities have become a go-to summer des-

ination that offers residents a chance to connect with neighbors, have children play safely, and for dogs (on leashes) to be openly welcomed.

BAYarts receives no funding from Cleveland Metroparks



BAYarts Executive Director Nancy Heaton is presented with a grant from the Bay Village Foundation by David Tadych during ceremonies on May 28, as master of ceremonies Jon Loufman looks on.

or from the City of Bay Village, relying instead on sponsorships and community support.

“These events connect us,” said Nancy Heaton, BAYarts’ executive director. “The Bay Village Foundation understands the value we bring to the community and have been great supporters.”

THE MEDICAL INSIDER Tackling migraine: a new defensive player

by DIANA PI, M.D.

Anne’s migraines started in her 20s. During an evaluation as a fledgling flight attendant, she developed a blinding headache during final descent and threw up all over her supervisor. That was the memory of her first migraine.

One in five women (most common between ages 18 and 44) suffers migraines – twice the frequency of men.

Doctors tackle migraines using two lines of attack: mitigate and prevent.

To mitigate acute pain, many drugs (or combinations) work. Two stand out: fast-acting NSAIDs (ibuprofen, naproxen sodium) and triptans.

Most migraineurs have their own cocktails. The problem I see often is taking drugs *too late*.

The moment you feel a migraine brewing, take drugs. Take *enough* drugs. There’s a narrow window of an hour or so, before pain and nausea set in, when drugs are maximally effective. There’s no waiting out a migraine like there’s no waiting out a growling, junkyard dog to see it means business.

Concerned about overusing medications? Sure.

Taking pain meds regularly can potentially worsen and transform migraines into medication overuse headaches (previously called rebound headaches). To avoid this complication, or if you have more than four headache days per month, consider *preventative* drugs.

“Preventative” drugs, taken regularly, can reduce the frequency and severity of headaches. They’re underutilized. The four most commonly used are drugs for seizures, blood pressure, depression and Botox. Others like magnesium, feverfew, acupuncture, etc. might work; they’re worth trying.

Two weeks ago, the FDA approved the first of a new class of drugs for migraine prevention – Aimovig (erenumab), a once-monthly self-injection.

How well does it work? In people with frequent migraines, Aimovig adds, on average, two headache-free days per month compared to a placebo. By number, it isn’t much better than the others. But it’s new, well tolerated, designed specifically to block calcitonin-gene-related peptide (CGRP), a molecule believed to

incite migraines.

The catch: It lacks long-term data. Aimovig works partly by constricting blood vessels, a theoretical concern for those with heart disease.

Anne muses that she remembers and associates each pivotal event in her life with a particular migraine. There were 15 years in her 30s and 40s when her migraines – triggered by work-related stress and weather change – would’ve been better managed with preventative medications. But not now.

She sticks to her own Good Book of Low-Stress Living: no skipping meals, missing sleep, sleeping in late, and no matter where she’s at, the first drop of coffee will touch her lips at 7 a.m. EST. She uses OTC drugs (ibuprofen-caffeine, acetaminophen) which work as well as prescription drugs. At 58, she has migraines but only one severe one per year. She’s grateful.

She’s curious, why migraines?

Pain is essential for self-preservation, I said. Our ultimate protector. Skin relays a pinprick with laser-sharp precision. But why does a healthy brain excoriate, extort and exhaust its host until he/she’s laid up in a dark room, eyes shut, stomach upturned, unable to process the slightest sound, light or movement? I can’t think of a single evolutionary advantage it serves, not even a warped one.

Destination Bay! • June 16

A day of fun for everyone in the heart of Bay Village!



Sponsored by the Bay Village Foundation and the Westlake | Bay Village Observer
Look for Destination Bay on Facebook.

- 1 Village Project - Project Pedal**
8:30 a.m. - 1 p.m.
Your choice of five bike routes, ice cream, games, face painting, and food. Register NOW at www.ourvillageproject.com.
- 2 Village Bicycle Cooperative**
10 a.m. - 4 p.m.
Join us at the cooperative for a bike safety check, a fun game for a chance to win prizes, or simply to cool off with a popsicle and check out our shop.
- 3 “Cahoon in June” Bay Village Historical Society**
9 a.m. - 4 p.m.
Fine crafts, antiques, collectibles, vintage cars and boats, bubble soccer, music, food. Rose Hill museums, cabin open. FREE admission.
- 4 BAYarts Art + Music Festival**
10 a.m. - 4 p.m.
Enjoy live music along with an assemblage of food and art vendors with everything from oil paintings to handmade jewelry. A FREE event!
- 5 Lake Erie Nature & Science Center**
9 a.m. - 4 p.m.
Join us for FREE star shows in Schuele Planetarium to engage the whole family and tour the Center’s indoor and outdoor animal exhibits!
- 6 Bay Village Fire Station**
Noon - 3 p.m.
Kids get to shoot an actual fire hose, sit in a fire engine, meet the firefighters and tour the fire station! Hot dogs and refreshments!
- 7 Bay Village Branch Library**
9 a.m. - 5:30 p.m., Animal show 2-3 p.m.
Learn about screen-printing and decorate a tote bag: 9 a.m.- 5:30 p.m. Outback Ray’s Amazing Animal Show: 2-3 p.m. Registration requested.

CLIP & SAVE

BAY arts FREE SUMMER EVENTS

28795 LAKE ROAD
BAY VILLAGE
BAYARTS.NET
Free admission and parking

CONCERTS SUNDAYS 7-9 PM

June 17
SCHOOL OF ROCK

June 24
HAYWIRE

July 1
MAURA ROGERS &
THE BELLOWS

July 8
MOUSTACHE YOURSELF

July 22
LAZY TED & THE BIG HURRY

July 29
CLEVELAND OPERA THEATER

Aug 5
MOKO BOVO

Aug 12
PORTERSHARKS

Aug 26
B SIDE JAZZ

MOVIES UNDER THE STARS

MOVIES BEGIN AT DUSK

Grab your crew and a blanket for movie nights. Sweet Melissa concessions, popcorn & grown-up beverages available.

June 28
STAR WARS

July 12
LILO & STITCH

Aug 9
CARS

BAYarts summer fun made possible by:



BAYarts June gallery shows

by JESSICA STOCKDALE

The powerhouse names in the BAYarts galleries this month are Chris Benavides, Jim Osborne and Eileen Dorsey.

Artists and friends Chris Benavides and Jim Osborne will be displaying work in the Sullivan Family Gallery, with an exhibition titled “A New Season.” The pair had long and fulfilling careers as illustrators for the American Greetings Corporation where they were co-workers. Now they are both exploring new and varied artistic pathways, distinct from their former lives in the world of commercial art. This collection of personal artwork aims to reflect on what a new season of their lives will bring.

Between the pair of them, they have amassed several accolades and gallery inclusions.

Osborne especially likes building up washes and thick layers of paint as a process of creating a final product. This, he says, is a “satisfying process” for him. His artwork involves a laser-focused attention to realistic detail.

Benavides is keen on the simplic-

ity and honesty that a work of art can bring. He explains that he likes there to be “no hidden meaning, or manifestos. Just a simple, honest reaction and response to what I see.” As a way of continually honing his craft, he attends Open Studio at BAYarts, where artists work from a figure model. His emphasis on portraiture involves the creation of strong, striking compositions. The works also capture a romantic sense of atmosphere.

In her new body of work, painter Eileen Dorsey explores a sense of place and home. The exhibition is appropriately titled “Home Is Where the Art Is” and will be on display in the Dianne Boldman Education Gallery. Work in this collection is landscape-driven, featuring places Dorsey has had a personal connection with during her life. Some are locations from her childhood, while others are places she connected with as an adult.

Recently, Eileen Dorsey was voted Scene Magazine’s Best Local Artist for 2018. Her artwork utilizes expressive painting techniques, manipulating oil paint with a palette knife that creates texture in the artwork. Dorsey also sometimes applies a softening effect by removing wet paint layers with paper.

Color is critical for Dorsey. She explains, “With a palette that changes for each painting, I make a point to challenge myself with color combinations.” And the payoff is high.

One piece for the show features a scene of a beach cliff with a faint Cleve-



“English Bulldog” by Jim “Oz” Osborne, oil on canvas.



“Meditation” by Chris Benavides, oil on linen.

land skyline over Lake Erie. Between the open cerulean blue sky and intimacy of dusky shadows under the trees, Dorsey’s point-of-view about feeling at home and connected to the beauty of nature is clear.

Opening receptions for both exhibitions will be Friday, June 8, from 7 to 9 p.m. ●

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★ CLIP & SAVE THIS SCHEDULE ★

JUNE 30, JULY 2, JULY 3 & JULY 4 Bay Days Entertainment! Live at the Gazebo at 7 p.m.



Saturday, June 30 • BAY VILLAGE COMMUNITY BAND
Summertime band classics and patriotic songs.

Monday, July 2 • THE GEEZE CATS
Some cool old guys playing a mixture of rock 'n' roll, doo-wop, and improv comedy.

Tuesday, July 3 • THE BELAIRS
Take a trip back in time to the fabulous '50s & '60s. Journey to the days of the Twist, the Mashed Potato and the Stroll.

Wednesday, July 4 • DAN ZOLA ORCHESTRA
This 19-piece big band is steeped in the tradition of famous swing and dance bands.

Upcoming programs at Bay Village Branch Library

by TARA MCGUINNESS

Registration is now open for Cuyahoga County Public Library’s summer reading program, Libraries Rock. Register online or in the library and get ready to log your reading during the summer months to earn prizes and raffle entries.

Many of you may be utilizing the Bay Village pool to cool off and enjoy some summer fun. On Mondays and Tuesdays join us there for our poolside storytime. Librarians from the Bay Village branch children’s department will host a storytime during the 2 p.m. rest break. We hope to see you there!

CHILDREN

- **Mondays & Tuesdays (10 a.m.)**

- TODDLER STORYTIME – ages 19-35 months.
- **Tuesdays (6:45 p.m.) FAMILY STORYTIME** – for all ages
- **Wednesdays (10 a.m.) BABY AND ME STORYTIME** – ages birth-18 months
- **Thursdays (10 a.m.) PRESCHOOL STORYTIME** – ages 3-5 (not yet in kindergarten)
- **Fridays (10 a.m.) FAMILY STORYTIME** - for all ages

Saturday, June 9 (10 a.m.) SUMMER JAM – Get ready for a rock ‘n’ reading experience! Make your own instruments with everyday materials while singing, dancing and shaking to rhymes, songs and stories.

Saturday, June 16 (2 p.m.) OUTBACK RAY’S AMAZING ANIMAL SHOW – Join us for a fun, exciting and educational look at exotic animals. This hands-on show is entertaining for kids of all ages.

Monday, June 18 (2 p.m.) MONDAY MOVIES AT THE LIBRARY – Cool off this summer by visiting the library for special screenings of popular movies. Bring a blanket and pillow or sleeping bag.

Saturday, June 23 (10 a.m.) DRIVE IN AT BAY – Ages 2-4: Join us for a Bay Library “Drive In” Movie! Work with your child to transform a plain box into a personalized car that your child will proudly take to the drive in. Once the cars are “parked,” we will enjoy selections from the Disney movie “Mater’s Tall Tales.” Registration required.

TEEN

Saturday, June 9 (2 p.m.) YOU CAN UKE! – Grades 5-12. Come and have a uke-tastic time learning to make music on the ukulele – the world’s happiest instrument! If you don’t have a ukulele, we will provide one.

Saturday, June 23 (2 p.m.) STRUM ALONG – Grades 5-12. If you can strum a few chords on the ukulele, join us for an afternoon of music and fun. This program is for those who have attended the library’s You Can Uke class, or learned to play at school or on their own. The library has a limited number of ukuleles for those who don’t have their own, but if you have a ukulele, please bring it. Registration required.

Please register to attend the programs online at cuyahogalibrary.org, call us at 440-871-6392, or stop in to the library at 502 Cahoon Road and register with a librarian. ●

BAY VILLAGE COMMUNITY COUNCIL

Bay Village civic groups are in full swing for summer

by MARY KAY WILSON

The Bay Village Community Council met on May 16 to discuss their groups’ exciting summer events. Here are some highlights.

Bay Village Educational Foundation is hosting its 18th annual Tri-Bay Golf Outing, taking place Friday, June 22, at Sweetbriar Golf Course in Avon Lake. Proceeds from the event benefit the Bay Alumni Foundation, Bay Village Education Foundation and the Bay Rockets Foundation. Sign up today to play, or for sponsorship at tribaygolf.com.

Bay Village Green Team is again partnering with the Cleveland Indians to promote recycling at Progressive Field. During Friday and Saturday home games, volunteers will pass through the aisles during inning breaks to collect recyclables from fans. For more information or to volunteer, visit bayvillagegreenteam.org. The Team is also organizing monthly creek cleanups throughout the summer. The next one will be Sperry Creek on Thursday, June 28, 7 p.m. Meet at Reese Park. The next Green Team meeting is Tuesday, June 19, 6:30 p.m., at the Bay Village Library. See more activities at bayvillagegreenteam.org.

Bay Village Historical Society’s

49th annual “Cahoon in June” fine crafts, collectibles and antiques event is June 16, 9 a.m. to 4 p.m., in Cahoon Memorial Park as part of Destination Bay. Rose Hill Museum is 200 years old this year there will be a birthday cake-cutting ceremony in the gazebo at noon. Local historian Kay Laughlin will give a brief history of the Cahoon family homestead. The Museum, the Reuben Osborn Learning Center and the Cahoon log cabin will be open. Visit bayhistorical.com for more information.

Bay Village Kiwanis Club sponsored the Bay High School Academic Achievement Day on May 29. On June 12, they will host the outgoing and incoming Bay Schools superintendents at their meeting. Bay Days starts on Saturday, June 30 and runs through Wednesday, July 4 (closed Sunday). All the favorites will return, including rides, car show, bike/trike and wagon parade and entertainment. Fireworks will be on July 4. Kiwanis and the Bay Fire Department collect aluminum cans to raise money for burn victims. Donations should be bagged and taken to the Fire Department. Visit bayvillagekiwanis.com for more information.

Bay Village League of Women Voters is looking for volunteers and/or workers to help at the ticket booth at

Bay Days. For more information, contact Claire Banasiak at BayVillageLWV@gmail.com.

Bay Village Library just published its Summer Programming Guide. There are copies at the Library or go to cuyahogalibrary.org. Highlights include the “Libraries Rock” summer reading game and the annual Ice Cream Social on Wednesday, June 27, from 6-8 p.m, featuring free ice cream and musical entertainment.

Bay Village Women’s Club and Foundation’s annual potluck and pot-a-plant will be June 14 at noon at the Police Station Community Room. Bring a salad to share, along with a pot filled with dirt. We’ll supply the flowers for you to pot a plant for your patio or deck to start off the summer. Free and open to the public. If you’re looking for a graduation gift, the club is selling cotton, washable throw blankets, decorated with Bay’s historic buildings. Call 440-334-7539 or go to baywomensclub.org.

Lake Erie Nature & Science Center changed to its summer hours of 9:00 a.m. to 4:00 p.m. starting June 1. Registrations for summer camps and the 2018-2019 Preschool 30-Week Session are ongoing. Fall 2018 member registration opens July 9 at 9 a.m. and Fall 2018 open registration starts July 16 at 9 a.m. The Center is seeking summer camp volunteers to assist education specialists with summer camp preparation and activities including outdoor hikes, crafts, games, reading stories and monitoring children in grades K-6. Learn more about all the volunteer opportunities and fun activity at the center at lensc.org.

Lake Erie Nature & Science Center Women’s Board raises funds and supports staff activities at the Center. They are looking for women interested in continuing the mission of this valuable jewel in our community. If interested inquire at the front desk about membership.

VFW Post 9693, American Legion Post 385 and **VVA Chapter 249** will host the second annual Veterans Picnic on Saturday, Aug. 25, at the American Legion Post 385 in Westlake. Veterans and active duty military and their families will be treated to a meal. There will be informational booths and raffles. More details to come.

Village Bicycle Cooperative’s volunteer training hours have changed to Wednesdays from 4:30-6:30 p.m. They will host safety clinics for Project Pedal participants on Saturday, June 9, 8:30-10 a.m. and Wednesday, June 13, 6-7 p.m. They will help participants fit helmets correctly and learn skills to safely ride their bikes in traffic. See villagebicycle.org for times and dates for VBC’s Open Shop hours when visitors are welcome to stop in to: have their bicycles safety checked, use the Coop’s tools, ask for our advice in repair or general bicycling questions, and purchase bicycles. Donations are accepted during these shop times. ●

The next meeting of the Bay Village Community Council will be Wednesday, Sept. 12, at 7 p.m. at the Bay Village Library. Representatives of Bay Village’s nonprofit and civic groups are invited to attend to share ideas and event schedules and promote their ideas.

FAITH & SPIRITUALITY

What you can do to make a difference

by SHARON FEDOR

Have you ever watched the evening news, and turned it off in frustration, anger, even disgust? Do the shootings and the drug crisis really turn your stomach, yet

leave you feeling helpless and hopeless? Should you leave it to the police and the medical professionals, shrug your shoulders, and say there is nothing one person like yourself can do? Do the words of your parents or grandparents echo in your ears, “What is this world coming to?”

Whether one person can really make a difference depends on the person and their choices. Unity Spiritual Center Westlake knows how important action is, and how knowledge plus action can change the world.

Unity Responds is a quarterly forum focusing on social issues, empowering us to take positive action steps. It

is about listening, asking and acting. Focusing on the opioid problem, Unity Responds will have Thomas Stuber, adjunct professor of addiction counseling at LCC and Ashland University, as our guest speaker on Thursday, June 7, at 7 p.m. He is also president and CEO of LCADA Way, a nonprofit that cares for individuals and families struggling with drug and alcohol addiction in Lorain and Medina counties.

Stuber will discuss the science of the opioid epidemic, its impact on the individual and its impact on the community. He will also discuss treatment, and what is necessary for recovery. He will share suggestions on what families

can do, and what action steps you can take to create a difference.

A free will offering will be received and shared with LCADA.

Have you ever heard a song that spoke directly to your heart? Words have power; add music to them and the power to impact and heal increases. A healing concert, “Knowledge and Music are the Anti-Drug,” will be presented by F. Christopher Reynolds on Friday, June 8, 7-9 p.m. Cost is \$10. Then on Saturday, June 9, 9 a.m.-1 p.m., a workshop, “Knowledge is the Anti-Drug,” will be held. Cost is \$30. All are welcome.

Unity Spiritual Center is located at 23855 Detroit Road, Westlake. ●

COMMUNITY EVENTS

Post your group's free community events online at wbvobserver.com

Wednesday, June 6, 11 a.m.
SWEET ARTS CAFÉ

Free arts enrichment and socialization café for those with memory loss/dementia and their care partners (spouse, child, caregiver). It begins with a brown bag lunch and is followed by an arts, music, storytelling or dance activity. Pre-register at 440-414-0434, ext. 2.
The Center for Artful Living, 26633 Detroit Rd., Westlake

Wednesday, June 6, noon-3 p.m.
SENIOR SPLASH DAY AND COOKOUT

Channel your inner beach bum and feel those good vibrations when you join us for some hot fun in the summer sun! Make a splash as we dash to the Bay Village pool and enjoy a summer cookout. Soak in the pool and spend some quality time with your friends or to make some new ones. Free. RSVP to 440-835-6565.
Bay Village Pool, 310 Dover Center Rd.

Wednesday, June 6, 1-2:30 p.m.
FAMILY HISTORY RESEARCH ASSISTANCE

Members of Cuyahoga West Chapter, OGS will offer free family history research assistance to the public. If you have data recorded to pedigree and/or family group sheets, bring these forms.
Westlake Porter Public Library, 27333 Center Ridge Rd.

Thursday, June 7, 8 a.m.-3 p.m.

Friday, June 8, 9 a.m.-3 p.m.

Saturday, June 9, 9 a.m.-1 p.m.

THE WAY'S GREAT GARAGE/RUMMAGE SALE
Huge sale to support local youth group. Appliances, furniture, books, electronics, holiday, baby stuff, toys, sports & exercise equipment, tools/gardening, crafts ... everything BUT clothing! \$5 early bird shopping Thursday at 8 a.m. Everything half-price Saturday, 9-11 a.m. Bag sale Saturday, 11 a.m.-1 p.m.
St. Ladislav Church, 2345 Bassett Rd.

Thursday, June 7, 7-8:30 p.m.

WESTLAKE UNITY TOASTMASTERS

Learn to overcome your fears of speaking, develop better speaking and presentation skills, think quickly and clearly on your feet, build strong leadership and mentoring skills, and open doors in your personal and professional life. Contact: Mary Anne, 216-374-3205.
Unity Spiritual Center, 23855 Detroit Rd., Westlake

Friday, June 8, 11:30 a.m.-2 p.m.

FOOD TRUCK FRIDAY

Pasta Tivo and Donut Lab will be serving lunch and sweet treats. There's plenty of parking and picnic tables are available.
Bay Village City Hall parking lot, 350 Dover Center Rd.

Friday, June 8, noon-4 p.m.

AARP SMART DRIVER COURSE

Covers defensive driving techniques and the normal changes in vision, hearing and reaction time associated with aging. Also provides practical techniques for adjusting to these changes to ensure the driver's own safety and that of others on the road. Learn about current rules of the road and how to operate their vehicles more safely in today's increasingly challenging driving environment. Pre-registration is required in person at the Dwyer Center. Cost: \$15 for AARP members and \$20 for non-members.
Dwyer Senior Center, 300 Bryson Lane, Bay Village

Friday, June 8, 2 p.m.

CREATIVE CONNECTIONS

Art enrichment program for individuals with memory loss/dementia and their care partners (spouse, child, caregiver). Participate in visual art activities, music, storytelling, poetry and dance. Enjoy coffee/tea, snacks, and socialization. No cost. Pre-register at 440-414-0434, ext. 2.
The Center for Artful Living, 26633 Detroit Rd., Westlake

Friday, June 8, 6-9 p.m.

ART SHOW GALLERY OPENING

Artist Richard Skerl and the Farrell Foundation will host an art show and reception. Recent works by the artist will be exhibited. Included will be acrylic and watercolor paintings along with mono and linoprints. The exhibit will run through June and can be viewed Monday to Friday, 9 a.m. to 5 p.m., or by calling 440-414-0434. All art will be for sale.
The Center For Artful Living, 26633 Detroit Rd., Westlake

Saturday, June 9, 9 a.m.-noon

WESTLAKE SHREDDING DAY

A shredding truck will be available for quick and easy destruction and disposal of documents. The Shred-it staff will handle the documents for shredding while you watch. Each household may bring material equivalent to the capacity of two standard-size copy paper boxes (10"x18"x9"). For Westlake residents only.
Westlake City Hall parking lot, 27700 Hilliard Blvd.

Saturday, June 9, 9 a.m.-3 p.m.

CLAGUE PLAYHOUSE BARN SALE

Our version of a rummage sale held in the theater.
Clague Playhouse, 1371 Clague Rd., Westlake

Saturday, June 9, 10:30 a.m.-noon

HOW TO PAY FOR ASSISTED LIVING

Choosing to move to an assisted living community can be desirable or necessary, but either way the question most people have is how to pay for it.

This free discussion will focus on financing options associated with senior living: Veterans Aid and Attendance, long-term care insurance, reverse mortgages, Medicaid. Lunch is provided. RSVP to Kathy Bultema at 440-250-2300.
Devon Oaks, 2345 Crocker Rd., Westlake

Tuesday, June 12, 11 a.m.-12:30 p.m.

PERI CHAPTER 91 MEETING

Guest speaker will be Rick Billeaud, regional district sales manager for Association Member Benefits Advisors (AMBA). He will detail the current list of benefits, services and discounts available to PERI members. Public sector retirees are welcome.
Fairview Park Branch Library, 21255 Lorain Rd.

Wednesday, June 13, 10 a.m.

HERB GUILD GARDEN CLUB

The meeting will start at 10 a.m., followed by a presentation by Mike Williams of the Great Lakes Brewing Company on the use of hops in making beer. Hops are an herb! New members and guests are welcome. For more info, visit theherbguild.org.
Westlake Porter Public Library, 27333 Center Ridge Rd.

Wednesday, June 13, 6:30-8:30 p.m.

WHOLE HOME WIFI & THE CONNECTED HOME

WiFi opens up amazing possibilities in the home. Chris Holko, a manager and home networking expert at Best Buy in Avon, will speak at Northeast Ohio PC's meeting about the latest in consumer wireless technology and what the future may hold. Refreshments at 6:30 p.m.; meeting at 7:00. All are welcome. For more information, go to neopc.org.
Westlake Porter Public Library, 27333 Center Ridge Rd.

Wednesday, June 13, 7:30 p.m.

SKYQUEST: OVER THE HORIZON

Revisit the New Horizons encounter with Pluto to discover what we learned and what's next for our spacecraft on its voyage to the Kuiper Belt. Weather permitting, we'll head outdoors for a view through our 8-inch Schmidt-Cassegrain telescope. For pre-teens through adults. Fee: \$8/person.
Lake Erie Nature & Science Center, 28728 Wolf Rd., Bay Village

Thursday, June 14, noon

POT-A-PLANT POTLUCK

Start the summer with a potluck – bring a salad or dessert to share. Also bring a pot or hanging basket with dirt. After filling our stomachs, we'll provide the flowers for you to pot a creative, colorful planter for your outdoor space. Fun session, free and open to the public. For questions, call Nancy at 440-334-7539. Sponsored by Bay Village Women's Club.
Bay Village Police Station, Community Room, 28000 Wolf Rd.

Thursday, June 14, 5-8 p.m.

BAYARTS FARM & ART MARKET

Local food, artisans, garden needs, home decor, demos. Free to attend, dog-friendly. Vendors contact market@bayarts.net.
BAYarts, 28795 Lake Rd.

Friday, June 15, 11 a.m.-12:30 p.m.

TRI-C TALK: ARE YOU MINDFUL OF THIS MOMENT?"

An informative and interactive presentation on being mindful. What does it look like when you aren't paying attention? What can you do to slow down the precious moments of today and embrace each and every moment? Learn techniques for being in this moment now from Dr. Kathleen Heinlen of Tri-C. Free; RSVP to 440-835-6565.
Dwyer Senior Center, 300 Bryson Lane, Bay Village

Friday, June 15, 11:30 a.m.-2 p.m.

FOOD TRUCK FRIDAY

Smokin' Rock'n' Roll and Sweet! The Mobile Cupcakery will be serving lunch and sweet treats. There's plenty of parking and picnic tables are available.
Bay Village City Hall parking lot, 350 Dover Center Rd.

Saturday, June 16

DESTINATION BAY

See a listing of all of the day's events on page 12 and a map of the locations on page 13.
Multiple locations in Bay Village

Saturday, June 16, noon-2 p.m.

FATHER'S DAY POTLUCK PICNIC

A potluck picnic for all the dads in our area. Free to the public, but participating families are asked to consider bringing some food to share at the event. There will be arts and crafts for children and adults, as well as yard games such as: potato sack races, three-legged races, giant Jenga, and yard Scrabble.
West Shore Family YMCA, 1575 Columbia Rd., Westlake

Sunday, June 17, 6:30-8 p.m.

WESTLAKE SUMMER CONCERT SERIES

Red Light Roxy will bring a mix of swing, jazz, boogie woogie and blues. Bring your lawn chairs or blankets and enjoy a variety of music.
Westlake Recreation Center, 28955 Hilliard Blvd.

Tuesday, June 19, 6:30 p.m.

BAY VILLAGE GREEN TEAM MEETING

All are welcome to join a group of volunteers working to make Bay Village a more sustainable community.
Bay Village Branch Library, 502 Cahoon Rd.

Jim Sgro's Village Barber Shop
620 Dover Center Rd. 440-871-0899

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